



GOVERNORS 2023 - PE

Adam Markham-Jones



2022-23
PHOTOS

ACKERS



KS1 PHYSICAL HEALTH DAY



SUMMER PHYSICAL HEALTH DAYS



SUMMER PHYSICAL HEALTH DAYS



SUMMER PHYSICAL HEALTH DAYS



CROSS CURRICULAR



FRENCH DAY



PIC•COLLAGE



PIC•COLLAGE

VOCATIONS DAY



PIC•COLLAGE

GYMNASTICS CPD (PE)



GYMNASTICS WITH THE HUB



CRICKET (WCB)



DANCE WITH JADE (CPD)



PIC•COLLAGE



PIC•COLLAGE

MATILDA PRODUCTION



PIC • COLLAGE



QUIDDITCH WORLD BOOK DAY



SPORTS DAYS



MENTAL HEALTH DAY



BASKETBALL WITH FR. FRETCH



CHARITY FUNDAY



PIC•COLLAGE

FOOTBALL TEAMS







B TEAM FIXTURES



PE ON RESIDENTIAL



RESIDENTIAL (Y4)



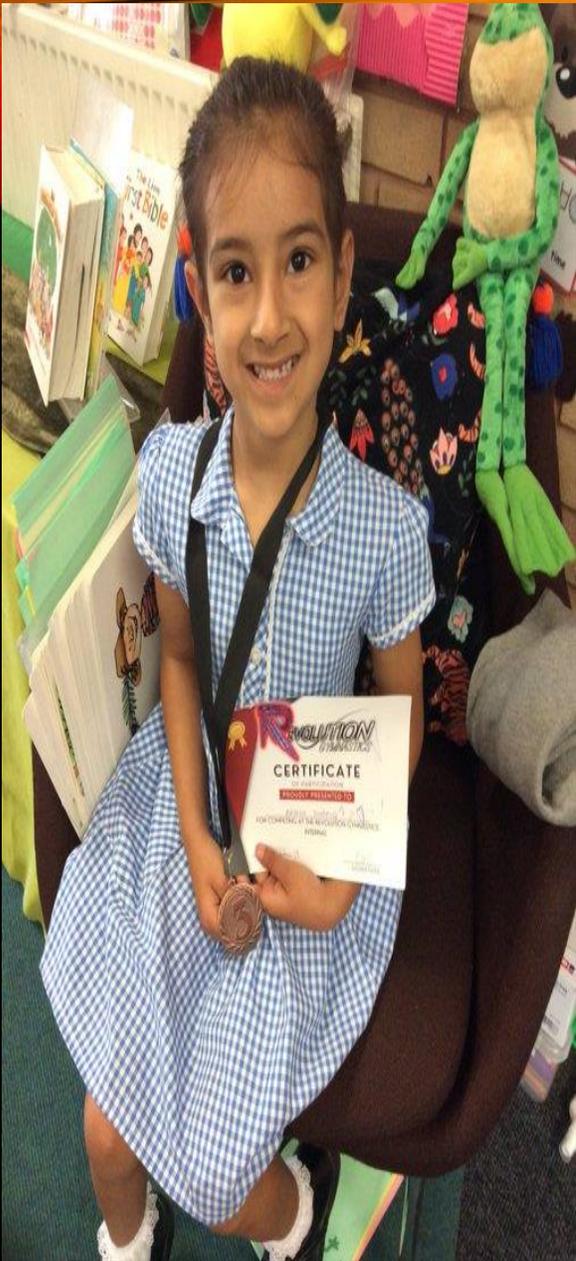
RESIDENTIAL COACHES



FOOTBALL STARS



GYM AND DANCE STARS





2022 - 23 SPORTS PREMIUM REVIEW

1. ENGAGEMENT OF PUPILS

Intent - Purchase equipment for PE, lunch time activities, extra-curricular and Sports Day

Impact

- It has enabled staff to deliver better lessons – not sharing resources
- Better resources have contributed towards the engagement of all pupils in regular physical activity
- There has been some calmer lunchtimes with fewer arguments or fights ***
- It has Increased some pupil participation in physical activity
- We have raised some interest in sport and a healthy lifestyle – children asking to join clubs/teams
- Some children have been motivated to perform better during Lessons/Sports Day
- Physical activity has prepared children for their daily learning

Next steps: AMJ to monitor PE resources and activities (curriculum and extra)

Sheds and resources boxes to be purchased (Mr Malone)

1. ENGAGEMENT OF PUPILS

Intent - Least active group/less able to be targeted during extra-curricular sessions – attend B fixture competitions/friendlies

Impact

- The least active/able were targeted by class teachers/PE lead and they have been more active in a competitive environment.
- Extracurricular provision has shown some increased participation for least active/able/SEN children.
- PE Lead has ensured that different children have had the opportunity to take part in festivals/matches - basketball, football, netball and handball vs Rosary and Yardley.
- Catherine has worked 1:1 with hub children.

Next Steps: Least active children/less able to continue to be targeted for extracurricular sessions and matches.

Catherine to run a lunchtime sessions for targeted children on a Wednesday.

2. PROFILE OF PESSPA

Intent - Raise parental awareness of the importance of physical activity.

Impact

- The newsletter and twitter page has included some sporting success (Not PE lessons so much)

Next Steps:

- Continue to raise parental awareness of the importance of physical activity
- Parental workshops
- Ask staff to tweet more often (fortnightly)

3. KNOWLEDGE AND SKILLS OF STAFF

Intent - Staff CPD to be reviewed by PE Lead and staff to attend where possible.

Impact

- All of the staff in the school have had access to an external coach/instructor (health days/cpd)
- Some teachers have enhanced their own sports skills knowledge and will take this forward with them to future classes
- The school has secured some links for the children with local clubs/activities. Opportunities for them to join more after school clubs
- Some staff and pupils have increased motivation by working with experts
- CPD has raised standard of pupil performance.

- Next Steps: Staff to use the skills learnt with their next classes.
- A bigger focus next year team teaching and staff meetings.

***Physical health days - have become tired, so we'll be looking for something new next year.

4. BROADER EXPERIENCE

Intent – Lunchtime activities to be reviewed to ensure that children are still being provided with structured activities. AMJ to provide training and ensure that lunchtimes are appropriately equipped for “Active 20-30 minutes”

Impact

- All LTS have received some training. Areas were discussed and regular conversations with AMJ to ensure that activities are rotated, and new ones have been introduced – (this still is an area for development: some are more willing than others)

Next Steps: - Still needs developing

- Develop LTS at all levels to ensure what's on offer is broad. Regular drop ins and meetings to happen.
- Going back to more children on the playground reduces space, but more opportunity to be active***

4. BROADER EXPERIENCE

Intent - New sports to be offered to engage children in physical activity.

Impact

- Physical Health days, the French day, the international week activities and the Quidditch day exposed some children to new sports.
- Feedback from children and staff was positive, which in turn developed an understanding of the rules of different activities.
- All children have been offered a range of sports and activities (health days/extra curricular)
- The cricket coaching sessions in Y2 allowed children access to an often expensive sport with a qualified coach
- Self-esteem boost for the capable children – particularly if they do not shine academically – working with experts
- Created excitement for children - Source of inspiration
- Increased awareness of lesser known or different sports/activities
- Children were able to access something they couldn't otherwise access
- PE has allowed them to experience something they would normally only see on a screen

4. BROADER EXPERIENCE

Intent - New sports to be offered to engage children in physical activity.

Next Steps:

- Continue to look for interesting opportunities
- Ask for recommendations at cluster meetings/fixtures

*** Physical health days - have become tired, so we'll be looking for something new next year

5. INCREASED PARTICIPATION IN COMPETITIVE SPORT

Intent – All children to continue to be offered access to intra-competition during the school year such as sports day and activity days.

Impact

- Subject lead has included intra competitions within curriculum units. Opportunity provided children with the opportunity to be challenged competitively and to be resilient within a sporting environment.
- Next Steps: this is still not where it was before COVID-19
- All children to continue to be offered access to intra competition during curriculum time and extracurricular provision
- Staff to be provided with games training – how to make PE more competitive (small sided games)
- St Bernadette's to attend as many competitions as possible across keystages.

5. INCREASED PARTICIPATION IN COMPETITIVE SPORT

Intent – Pay for competitions/events

Impact

- Increased pupil motivation – children want to represent the school
- Enhanced our inclusive provision (B fixtures)
- Enhanced a positive attitude and engagement in and towards competition.
- Raised the profile of PE across the school
- Allowed more/different pupils to attend competitions/represent the school

Next Steps:

- Ensure all competitions are entered and costed for next year.
- Can we enter/attend a wider range of sports?



SWIMMING

32% of our children can swim 25m
(approx. 10/11 children in each
class)

NEXT STEPS:

Pop up pool in March for Y4
initially



2023-24 ACTION PLAN

PRIORITIES - INTENT

To show a **clear progression in knowledge and skills across the 6 key areas Games, Gymnastics, Dance, Athletics, OAA and Health and Fitness** – See Progression of Skills document. (JADE and CATHERINE ALL YEAR)

In Reception and KS1, the focus of the PE curriculum at St Bernadette's is on the **development of the fundamental skills and developing a love of learning**. (CATHERINE WORKING WITH RECEPTION, KS1 AND HUB CHILDREN)

To **give every child** regardless of class and ability the **opportunity to develop skills in PE**, consider the impact on their health and fitness, compete/perform and evaluate. (Every child will have specialist PE teaching from Jade or Catherine)

ACTION PLAN - WHAT WILL BE DIFFERENT/HAPPENING THIS ACADEMIC YEAR?

New ideas

1. Swimming will be taught on site in March
2. CPD will be provided to the class rather than teacher (timetabling issues), therefore some teachers will experience more than others.

Autumn 1 - 3 classes in Y4 will have dance teaching from Jade (40 min each week). 3 classes in Y2 will have Gym teaching from Catherine (35-40 min each week).

Autumn 2 - 3 classes in Y1 will have dance teaching from Jade (35-40 min each week). 3 classes in Y5 will have Gym teaching from Catherine (35-40 min each week).

Autumn Term Reception - 1 class will have 1 PE (GYM) lesson each week from Catherine.

3. AMJ to run Staff meetings using his class or a KS1 class to model best practice.
4. Before school Gymnastics club (Wednesday)
5. Bikeability... Alton Castle***

ACTION PLAN - WHAT WILL BE DIFFERENT/HAPPENING THIS ACADEMIC YEAR?

What will continue?

1. Organise after-school clubs Mon-Thurs (2 clubs every day – 1 for KS1 and 1 for KS2 every day) – termly
2. Register for football leagues boys and girls, Catholic sports and Birmingham Sports Partnership – B fixtures (2 already arranged)
3. Meet with outside agencies Premier Education (after school clubs), Catherine (Gym) Jade (dance) to share expectations the academic year.
4. Ensure all staff have access to progression maps for the subject.
5. Ensure that the curriculum is covered (all 6 areas – curriculum map doesn't match because of Catherine.
6. Drop in sessions to observed teaching and learning.
7. Share monitoring and evaluation findings with staff, including areas of strength and areas for development.